Opening Ceremony

The Opening Ceremony started at 10:30. It started off by Craig Heap giving us an introduction. Then Newcastle Collage did a drama piece, which was absolutely amazing. And then all of the children did a warm up with all of the 2,500+ students that were here to compete. The warm up consisted of squats, star jumps, jogging on the spot and jumping on the spot. It was an amazing atmosphere, there were a lot of positive attitudes and everyone was so energetic. Even Craig joined in!

Craig Heap Interview

During the interview with Craig Heap we asked him a variety of question.

What inspired you to start gymnastics? “The thing that inspired me to do gymnastics was my sister. I went to her practice one day and I was absolutely stunned on how everyone was doing stunts and flips. And while all of my mates were out, hanging around on street corners I was practicing.” –Craig Heap

He also told us that it is important for kids to do sports because it develops personal skills.

He was very open and bubbly. He is energetic of which is contagious.

Interviews

We managed to catch up with some of the busy participants, taking place in today’s events and also some teachers. We asked them some questions.

Q- “How do your students feel about coming to the event today?”

A-“My students have been so excited this week and have been asking if they can practice, so every day for an hour or so we would go out and practice the events.”

Q- “How do you feel about competing to win the title?”

A-“I am so excited to be competing today, I’m quite competitive but even if I don’t win I am still happy I took part.”
Closing Ceremony

Craig Heap helps to present the Closing Ceremony by presenting the awards to all of the lucky winners who came 1\textsuperscript{st}, 2\textsuperscript{nd} and 3\textsuperscript{rd}.

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